

Whereas 80 percent of older adults have at least 1 chronic condition and nearly 70 percent of Medicare beneficiaries have 2 or more chronic conditions;

Whereas more than 868,000 people in the United States die of heart disease or stroke every year, costing the health care system of the United States \$214,000,000,000 per year and causing \$138,000,000,000 in lost productivity on the job;

Whereas, each year, more than 1,700,000 people in the United States are diagnosed with cancer and almost 600,000 die from it, costing an estimated \$174,000,000,000 in 2020;

Whereas more than 34,200,000 people in the United States have diabetes and another 88,000,000 adults in the United States have prediabetes, putting them at risk for type 2 diabetes, both of which cost a total estimated \$327,000,000,000 in medical costs for diagnosed diabetes and lost productivity in 2017;

Whereas obesity affects 19 percent of children and 42 percent of adults, including older adults who have obesity rates exceeding 37.5 percent in males and 39.4 percent in females, costing the health care system \$147,000,000,000 per year;

Whereas falls are the leading cause of injury, and injury-related death, among older adults and result in medical costs totaling \$50,000,000,000 per year, 75 percent of which are paid by Medicare and Medicaid;

Whereas approximately 20 percent of older adults experience some type of behavioral health concern, including anxiety, depression, bipolar disorder, cognitive impairment, and substance use disorders, which are often factors in suicide among older adults;

Whereas factors that influence healthy aging include—

- (1) improving diet and exercise;
- (2) managing risk factors for physical and behavioral health conditions, as well as falls;
- (3) keeping up with regular health screenings and preventative care; and
- (4) staying socially active; and

Whereas, as of August 2021, nearly 11,000 senior centers serve 1,000,000 older adults aged 50 and older, helping them continue to be part of a community, exercise, and receive nutritious meals: Now, therefore, be it

Resolved, That the Senate—

(1) designates September 2021 as “Healthy Aging Month”; and

(2) encourages the people of the United States to provide opportunities for older individuals to continue to flourish by—

(A) emphasizing the importance of exercise, nutrition, health promotion, disease prevention, and social engagement;

(B) encouraging the balance of mind, body, and spirit, as older individuals can share their wisdom, experience, and skills with younger generations; and

(C) recognizing that people in the United States are living longer and a healthy lifestyle will help enhance later life experiences.

SENATE RESOLUTION 404—SUPPORTING THE GOALS AND IDEALS OF NATIONAL RETIREMENT SECURITY MONTH, INCLUDING RAISING PUBLIC AWARENESS OF THE VARIOUS TAX-PREFERRED RETIREMENT VEHICLES, INCREASING PERSONAL FINANCIAL LITERACY, AND ENGAGING THE PEOPLE OF THE UNITED STATES ON THE KEYS TO SUCCESS IN ACHIEVING AND MAINTAINING RETIREMENT SECURITY THROUGHOUT THEIR LIFETIMES

Mr. CARDIN (for himself, Ms. COLLINS, Mrs. MURRAY, Mr. YOUNG, Ms. HASSAN, Mr. BARRASSO, and Mr. SCOTT of South Carolina) submitted the following resolution; which was considered and agreed to:

S. RES. 404

Whereas people in the United States are living longer, and the cost of retirement is increasing significantly;

Whereas Social Security remains the bedrock of retirement income for the great majority of the people of the United States but was never intended by Congress to be the sole source of retirement income for families;

Whereas data from the Employee Benefit Research Institute indicates that, in the United States—

(1) up to 40 percent of households in which the head of household is between the ages of 35 and 64 are likely to run out of money in retirement; and

(2) the amount that workers have saved for retirement is much less than the amount those workers need to adequately fund their retirement years;

Whereas the financial literacy of workers in the United States is important so that those workers understand the need to save for retirement;

Whereas saving for retirement is a key component of overall financial health and security during retirement years, and the importance of financial literacy in planning for retirement must be advocated;

Whereas many workers may not—

(1) be aware of their various options in saving for retirement; or

(2) have focused on the importance of, and need for, saving for retirement and successfully achieving retirement security;

Whereas, although many employees have access to defined benefit and defined contribution plans through their employers to assist such employees in preparing for retirement, many of those employees may not be taking advantage of those plans at all or to the full extent allowed by Federal law;

Whereas saving for retirement is necessary even during economic downturns or market declines, underscoring the importance of continued contributions;

Whereas all workers, including public and private sector employees, employees of tax-exempt organizations, and self-employed individuals, can benefit from developing personal budgets and financial plans that include retirement savings strategies that take advantage of tax-preferred retirement savings vehicles;

Whereas effectively and sustainably withdrawing retirement resources throughout an individual's retirement years is as important and crucial as saving and accumulating funds for retirement; and

Whereas the month of October 2021 has been designated as “National Retirement Security Month”: Now, therefore, be it

Resolved, That the Senate—

(1) supports the goals and ideals of National Retirement Security Month, including raising public awareness of the importance of saving adequately for retirement;

(2) acknowledges the need to raise public awareness of the variety of tax-preferred retirement vehicles that are used by many people in the United States, but remain underutilized; and

(3) calls on States, localities, schools, universities, nonprofit organizations, businesses, other entities, and the people of the United States to observe National Retirement Security Month with appropriate programs and activities, with the goal of increasing the retirement savings and personal financial literacy of all people in the United States and enhancing the retirement security of the people of the United States.

AMENDMENTS SUBMITTED AND PROPOSED

SA 3834. Mrs. GILLIBRAND submitted an amendment intended to be proposed by her to the bill S. 2792, to authorize appropriations for fiscal year 2022 for military activities of the Department of Defense, for military construction, and for defense activities of the Department of Energy, to prescribe military personnel strengths for such fiscal year, and for other purposes.; which was ordered to lie on the table.

SA 3835. Mr. SCHUMER proposed an amendment to the bill S. 1301, to provide for the publication by the Secretary of Health and Human Services of physical activity recommendations for Americans.

SA 3836. Mr. SCHUMER proposed an amendment to amendment SA 3835 proposed by Mr. SCHUMER to the bill S. 1301, supra.

SA 3837. Mr. SCHUMER proposed an amendment to the bill S. 1301, supra.

SA 3838. Mr. SCHUMER proposed an amendment to amendment SA 3837 proposed by Mr. SCHUMER to the bill S. 1301, supra.

SA 3839. Mr. SCHUMER proposed an amendment to amendment SA 3838 proposed by Mr. SCHUMER to the amendment SA 3837 proposed by Mr. SCHUMER to the bill S. 1301, supra.

SA 3840. Mr. SCHUMER (for Mr. WICKER) proposed an amendment to the bill S. 558, to establish a national integrated flood information system within the National Oceanic and Atmospheric Administration, and for other purposes.

TEXT OF AMENDMENTS

SA 3834. Mrs. GILLIBRAND submitted an amendment intended to be proposed by her to the bill S. 2792, to authorize appropriations for fiscal year 2022 for military activities of the Department of Defense, for military construction, and for defense activities of the Department of Energy, to prescribe military personnel strengths for such fiscal year, and for other purposes.; which was ordered to lie on the table; as follows:

At the appropriate place, insert the following:

Subtitle —Presumptive Benefits for War Fighters Exposed to Burn Pits and Other Toxins

SEC. 1. SHORT TITLE.

This subtitle may be cited as the “Presumptive Benefits for War Fighters Exposed to Burn Pits and Other Toxins Act of 2021”.